

NUTRITIONAL INFORMATION MENU

Cherry Pecan Chicken Salad	517	25	7	0	70	1310	47	4	30	25
Bistro 212 Cobb Salad w/o chicken	379	22	10	14	55	742	9	3	2	18
Bistro 212 Cobb Salad w/ chicken	454	24	11	14	105	1055	9	3	2	33
Specialty Entrees										
Grilled Cheese	316	13	7	0	37	602	37	6	6	16
Quesadilla - Cheese	371	18	9	0	43	262	37	3	0	15
Quesadilla - Chicken	485	23	11	0	100	633	37	3	0	33
Quesadilla - BBQ Pork	499	18	7	0	62	1585	59	3	20	24
Quesadilla - Portobello Mushroom	395	10	3	0	16	1123	65	7	19	14
Sides										
Apple Slices with Peanut Butter	280	16	3.5	0	0	150	30	7	21	6
Side Garden Salad w/dressing (ranch)	75	5	1	0	0	170	8	1	4	2
Sweet Potato Fries	119	11.2	0	0	0	230	5	1	1	0